



# LONG ISLAND JUNIOR INTERLEAGUE

## Modified Rules

The rules for LIJSL InterLeague Division should be consistent from town to town.

Please make sure your Club Referees and Coaches are familiar with them.

**Town Coordinators will have final say on all game cancellations (not coaches).**

- No official scores or standings will be kept.
- All Players from all clubs should play at least half of the game.
- All scores should be managed and capped at a 5-goal differential. **COACHES MUST COMPLY!**
- Coaches should work together to manage scores by adding / subtracting players to keep games competitive.
- Substitutions on all stoppages of play upon referee approval.
- No slide tackling.
- All players should have jerseys with numbers, shin guards under socks and no jewelry of any kind.
- Players needing corrective lenses must have approved eyewear.
- All teams are required to supply a linesman / flagman.
- LIJSL Zero Tolerance is in effect. Abuse of officials is strictly prohibited by coaches, parents or players.
- Unsporting behavior by coaches, parents or players may lead to suspensions.
- Please report all coaching or referee issues to your coordinators.
- Please notify your coordinator if your opponent does not "manage" scores and games become lopsided.
- Home Team must supply a qualified Referee. **GOAL NETS MUST BE SECURED, NO EXCEPTIONS!**
- No Heading in U9/10 and U11/12. Restart is an Indirect Free Kick.
- U9/10 Plays the "Buildout Line" with free 1st touch before attackers can release 🗨️
- U9/10 No punting allowed.
- Follow US Soccer *Best Practices* for Age Appropriate Rules & Field/Goal Specifications, along with LIJSL Rules

### U9/10

2x30 = 60-minute game length  
5-minute half time  
Size 4 ball  
U9/10 Field w Buildout Line  
Play 7 v 7\*  
\*If agreed to by coaches-  
\*Can play 6-8

### U11/12

2x30 = 60-minute game length  
5-minute half time  
Size 4 ball  
U11/12 Travel Field Size  
Play 9 v 9\*  
\*If agreed to by coaches-  
\*Can play 8-10

### U13+

2x30 = 60-minute game length  
5-minute half time  
Size 5 ball  
U13+ Full-sided Travel Field Size  
Play 11 v 11\*  
\*If agreed to by coaches-  
\*Can play 9-11